Conjugal Rights

Conjugal rights are an integral aspect of any marital relationship, deeply rooted in the mutual duties and responsibilities of spouses. In the context of Hindu marriage, these rights are enshrined in the Hindu Marriage Act of 1955, particularly under Section 9, which deals with the restitution of conjugal rights.

What Are Conjugal Rights?

Conjugal rights refer to the rights pertaining to marriage, encompassing the companionship, cohabitation, and sexual relationship between married partners. These rights are designed to affirm the legal and moral obligation of the spouses to live together and uphold the marital bond.

Legal Framework under the Hindu Marriage Act

Section 9 of the Hindu Marriage Act provides a mechanism for a spouse to apply to the court for restitution of conjugal rights. The premise here is that if one spouse withdraws from the society of the other without reasonable excuse, the aggrieved party has a right to file a petition in the family court demanding the other spouse to return to the marital home and resume their marital duties.

The underlying rationale for this provision is to preserve the marital union. The law recognizes marriage as a significant social institution and aims to prevent its breakdown if possible. By providing a remedy through the court system, the Act seeks to encourage reconciliation and continuation of the marital relationship, rather than allowing it to dissolve through abandonment or separation.

Application and Enforcement

To enforce these rights, the aggrieved spouse must prove that the other has withdrawn from the society unjustifiably. Once the petition is filed, if the court is satisfied with the merits of the case, it may pass a decree of restitution of conjugal rights, mandating the respondent to live with the petitioner.

Constitutional Controversies

The enforcement of conjugal rights has been criticised as being contrary to the right to privacy and dignity under Article 21 of the Indian Constitution. Critics argue that forcing a spouse to cohabit and engage in conjugal acts against their will could be considered a violation of individual autonomy and privacy.

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The Right to Privacy

The right to privacy, recognized as an intrinsic part of the right to life and personal liberty under Article 21, directly impacts the enforcement of conjugal rights. The interpretation of privacy rights has evolved,

and recent judgments, like the Justice K.S. Puttaswamy (Retd.) vs. Union Of India (2017) case, have further emphasised the protection of individual autonomy, including within marital relationships.

Societal and Legal Balance

The application of Section 9 attempts to balance societal interests in the sanctity of marriage against individual rights. The courts generally intervene to restore conjugal rights only when it's deemed that doing so will promote reconciliation and is in the best interests of both parties, thereby reflecting a nuanced approach in its enforcement.

